

A.SPA

A.SPA In-Villa Treatments

Our aim is to create a luxury spa experience for you at the comfort and privacy of your villa, in order to embark on a journey to the world of senses and tranquillity through our Wellness treatments, and feel relaxed, rejuvenated and re-energized

Please dial 1007 for reservations or email us at spa@katikiesmykonos.com to arrange your own luxury wellness experience at your villa.

A.SPA etiquette

Ligne St Barth – The Spirit of Nature.

Fragrant blossoms are ambassadors from paradise. Luxurious ingredients from exotic flora are used for their cleansing, moisturizing and nourishing properties and are carefully blended to meet the needs of our skin and modern life. Ligne St Barth focuses on people and their well-being – our unmistakable spa concept combines Caribbean peacefulness with feel-good pampering. The softness of an exfoliating treatment, the warming oil during a massage, the refreshing kick of a body splash – the interplay of fine elixirs and luxurious relaxation rituals indulges both the body and soul.

A.SPA Treatments — by Ligne St Barth

St Barth Harmony Massage

Holistic Full-Body Massage.

Enjoy a personalized holistic massage: the focus of the full-body massage and the care products used are tailored to your needs. Your therapist applies the right pressure and strokes to achieve the desired result, through deep tissue or relaxation massage. Selected products include coconut oil used to care for dry skin, cold-pressed avocado oil to maintain the skin's elasticity, camphor & menthol oil and tautening ivy gel for revitalization. Aloe Vera gel for intensive moisturizing and a luxurious body lotion with your preferred fragrance finishes the treatment in the 90 minutes version.

Duration of treatment: ~ 60/90 min

St Barth Chill Out

Full-Body Massage with Warm Shells.

A full-body massage using warm shells, which are applied with intensive massaging motions which evoke a soft and smooth feeling. The shells stimulate blood circulation, reverse muscle tension and have a calming effect on stress-related strain.

Duration of treatment: ~ 90min

St Barth Becoming Mom

Facial Treatment and Leg Massage or Full-Body Massage for Expectant Mothers.

This pampering treatment is perpetually beneficial. The treatment begins with a footbath, followed by a full body massage with avocado oil, which softens and moisturizes the skin. A further indulgence is a cleansing and nourishing facial treatment ideal for all skin types.

Duration of treatment: ~ 90min

Whether you are looking to de-stress or to address a particular issue, we highly recommend adding one of the following treatments to your choice of massage:

St Barth Head Massage

A massage based on ancestral Indian technique of applying pressure points on specific parts on your head which releases tension in the upper body.

Duration of treatment: ~ 30min

(option of scalp massage with Ligne St Barth hair mask in 60min)

St Barth Revitalizing Leg Massage

A massage which has a beneficial effect on heavy legs, for example after long flights – or after a long tiring day. Thinly applied ivy gel tautens and soothes whilst silky camphor & menthol oil stimulates the skin's microcirculation - to finish, you can select one of three exotically fragrant body lotions.

Duration of treatment: ~ 30min

St Barth Pureness Short

A face and neck treatment followed by perfectly matched care products. Cleansing, toning and exfoliation are inspired by the fragrant blossoms and fruits of tropical gardens. A luxurious product mix provides a revitalizing face and neck massage

Duration of treatment: ~ 30min

Price list

A.SPA Treatments – by Ligne St Barth

St Barth Harmony	60/90min	190/230€
St Barth Chill Out	90min	230€
St Barth Becoming Mom	90min	230€
St Barth Head Massage	30min	95€
St Barth Leg Massage	30min	95€
St Barth Pureness Short	30min	95€

Terms & Conditions

Hours of Operation

Treatments are available from 10:00 am to 8:00 pm upon request. For reservations, please contact our Wellness Concierge at 1000 or by email at spa@katikiesmykonos.com

Reservations

Kindly note that in order to enjoy a wellness treatment in your villa, making your reservation at least 6 hours prior to your treatment is required.

Treatments

We are delighted to offer you two treatment lists:

The A.Spa in Villas menu, which includes the treatments that can be performed at your villa, either as an individual or as a couple treatment.

The A.Spa Katikies Menu Katikies Mykonos, which includes all the treatments that can be offered at the premises of the A.Spa at Katikies Mykonos.

Should you wish to have any of the treatments provided at the A.Spa menu Katikies Mykonos, we are more than willing to take in your reservation and arrange a complimentary transfer for you.

Special Considerations

Most of our spa treatments can be adapted to accommodate pregnancy or injury. Please contact us with any queries and let us know of any medical or health concerns. We have created special treatments for your needs. Pregnant women must be at least 14 weeks pregnant before they can have treatments.

Home Care

To continue your spa regimen at home, all St Barth products used in the treatments are available to purchase. Your therapist will guide you in choosing the appropriate products for your needs and advise you on a result driven regime.

Regulation

All spa treatments are suitable for Villa Guests over 13 years old.

Cancellation Policy

We understand that schedules change, and we will do our best to accommodate your needs. Since your spa time is reserved especially for you, we kindly ask you to give a minimum of 6 hours' cancellation notice so that someone else may enjoy that time. Cancellations made 6 hours prior to the treatment or less, will be subject to a fee equal to the rate of the treatment booked.

Prices quoted are in Euros and include all taxes. Service charge is not included in the prices